

July 2022: 202pp

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Empathy and Mental Health

Empathy and Mental Health

An Integral Model for Developing Therapeutic Skills in Counseling and Psychotherapy

Arthur J. Clark, St. Lawrence University, New York, USA

Empathy and Mental Health shows mental health professionals how to employ a deeper understanding of subjective, objective, and interpersonal modalities of empathy in their practice.

Drawing from psychodynamic, existential-humanistic, cognitive behavioral, and other contemporary orientations, this text makes empathy immediately useful and understandable to students and practitioners.

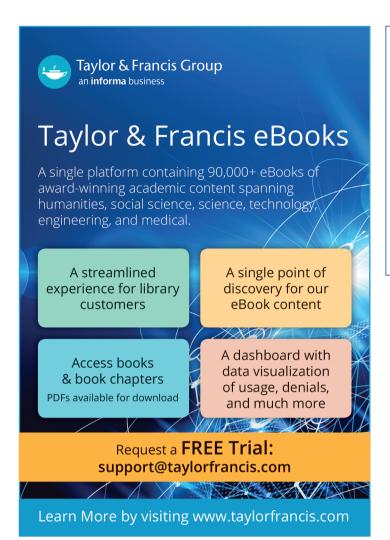
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