

## Social Justice Section: Recommended Resources for Black History Month

In honor of Black History Month, we've compiled a list of various resources to help promote and celebrate the awareness and accomplishments Black voices in our communities.

### **Books:**

- Berry D. R. & Gross K. N. (2020). *A black women's history of the United States*. Beacon Press.

*"A Black Women's History of the United States is a critical survey of black women's complicated legacy in America, as it takes into account their exploitation and victimization as well as their undeniable and substantial contributions to the country since its inception"-*

- Adrienne Maree Brown (2017) *Emergent strategy: Shaping Change, Changing Worlds*

*Holistic perspective to change with social interest at its core. "We all have the capacity to heal each other- healer is a possibility in each of us."*  
*Recommended by Bengu*

- *Homecoming: Overcome Fear and Trauma to Reclaim Your Whole, Authentic Self* by Thema Bryant (2022)

[https://www.amazon.ca/gp/product/059341831X/ref=ox\\_sc\\_act\\_image\\_1?smid=A3DWYIK6Y9EEQB&psc=1](https://www.amazon.ca/gp/product/059341831X/ref=ox_sc_act_image_1?smid=A3DWYIK6Y9EEQB&psc=1)

- Clark, K. B. (1989). *Dark ghetto: Dilemmas of social power*. Wesleyan University Press.

[https://www.goodreads.com/book/show/330458.Dark\\_Ghetto?ref=nav\\_sb\\_ss\\_1\\_11](https://www.goodreads.com/book/show/330458.Dark_Ghetto?ref=nav_sb_ss_1_11)

*Dr. Kenneth Clark studied Adlerian Psychology. This is a must read for anyone familiar with Dr. Clark's work with Brown vs. The Board of Education, and his replication of the doll study. Recommended by Dr. Kimberly Martin*

- Hooks, B. (1984). *Feminist Theory: From Margin to Center*. South End Press.

[https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&ved=2ahUKEwi7jdq6tPr8AhVHTTABHTpxBEcQFnoECAwQAQ&url=https%3A%2F%2Ffunceji.files.wordpress.com%2F2017%2F08%2Fbell\\_hooks\\_feminist\\_theory\\_from\\_margin\\_to\\_centebokzz-org.pdf&usg=AOvVaw1MW-xuDpQ6Yg1eLRQPycR8](https://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=&ved=2ahUKEwi7jdq6tPr8AhVHTTABHTpxBEcQFnoECAwQAQ&url=https%3A%2F%2Ffunceji.files.wordpress.com%2F2017%2F08%2Fbell_hooks_feminist_theory_from_margin_to_centebokzz-org.pdf&usg=AOvVaw1MW-xuDpQ6Yg1eLRQPycR8)

*One of the seminal pieces on Feminist theory and implications that echo today's sociocultural practices. A brief synopsis does not do justice to all the critical themes presented in this work. Recommended by Corey Frantz*

- Kay, M. (2018). Not light, but fire: How to lead meaningful race conversations in the classroom. Stenhouse Publishers.

<https://www.amazon.com/Not-Light-but-Fire-Conversations/dp/1625310986>

*For many engaging in race discussions in elementary or highschool classrooms, this book provides a glimpse into addressing key issues. The first chapter speaks at length about how to demystify safe spaces and integrate key components into a daily routine for a classroom such as "burning 5 minutes" and "house talk". There are some areas that may or may not resonate with folks, however, it is the perspectives that provide meaning into having these discussions that are necessary to advance in collective meaning making and belonging. Recommended by Corey Frantz*

- Khabeer, S. A. (2016). Muslim Cool: Race, Religion, and Hip Hop in the United States. NYU Press.

*"Muslim Cool is a way of being an American Muslim—displayed in ideas, dress, social activism in the 'hood, and in complex relationships to state power. Constructed through hip hop and the performance of Blackness, Muslim Cool is a way of engaging with the Black American experience by both Black and non-Black young Muslims that challenges racist norms in the U.S. as well as dominant ethnic and religious structures within American Muslim communities."*

- King, R. (2018). Mindful of race: Transforming racism from the inside out. CO: Sounds True

*Provides encouragement and guidance for inner work of justice through mindfulness practices. Recommended by Bengu*

- Magee, R. V. (2019). *The inner work of racial justice: Healing ourselves and transforming our communities through mindfulness*. Tarcher Perigee.

*Again a book with social interest at its core, provides deeper understanding and strategies for racial justice through mindfulness. Recommended by Bengu*

- Powell, John A. (2012). *Racing to Justice: Transforming Our Conceptions of Self and Other to Build an Inclusive Society*. Indiana University Press.

*A more complete understanding of belonging. "Racing to Justice challenges us to replace attitudes and institutions that promote and perpetuate social suffering with those that foster relationships and a way of being that transcends disconnection and separation."*

- Ruiz Vicki & DuBois E. C. (2008). *Unequal sisters : an inclusive reader in u.s. women's history* (4th ed.). Routledge.

*"one of the most influential and groundbreaking works in the field of women's studies. Bringing together a broad, multicultural view, it presents the best scholarship available on the issues of race, ethnicity, religion, sexuality, and class in its attempt to provide a more accurate and more inclusive history of women in the United States."*

- *Me and White Supremacy: A Guided Journal: The Official Companion to the New York Times Bestselling Book Me and White Supremacy by Layla Saad (2020)*

[https://www.amazon.ca/Me-White-Supremacy-Companion-Bestselling/dp/1728238552/ref=sr\\_1\\_1?crid=TUV9BVAFGIZA&keywords=me+and+white+supremacy+by+layla+saad&qid=1675780656&srefix=me+and+wh%2Caps%2C102&sr=8-1](https://www.amazon.ca/Me-White-Supremacy-Companion-Bestselling/dp/1728238552/ref=sr_1_1?crid=TUV9BVAFGIZA&keywords=me+and+white+supremacy+by+layla+saad&qid=1675780656&srefix=me+and+wh%2Caps%2C102&sr=8-1)

- Tatum, B.D. (2017). *"Why are all the Black kids sitting together in the cafeteria?" : and other conversations about race*. New York: Basic Books

*Those who are in education and parent education, a must read to understand identity development and belonging. Specific chapters provide insight and guidance on working with Black, Latino/a/x, and white students. Recommended by Bengu*

\*Note - You can buy from these bookstores

<https://www.44thand3rdbookseller.com/>

<https://www.forkeepsbooks.com/>

<https://www.womenandchildrenfirst.com/>

- Wilkerson, I. (2020). *The warmth of other Suns: The epic story of america's great migration*. Penguin Books.

<https://www.goodreads.com/book/show/8171378-the-warmth-of-other-suns>

*Adlerians will appreciate the themes of striving that occur in this book. I enjoyed the history of migration in the United States and this book added to my understanding of differences within cultures. Recommended by Dr. Kimberly Martin*

- Williams A. K., Owens, R., Syedullah, J. (2016). *Radical dharma : talking race love and liberation*. North Atlantic Books.

*With the perspective of engaged spirituality, the authors provide an outline to address racism in society and in spiritual spaces. Holistic perspective with the lens of social interest. Recommended by Bengu*

<https://revangel.com/> <https://radicaldharma.org/>

### **Music:**

**Eunice Kathleen Waymon:** (Feb 21, 1933 to April 21st, 2003) known as **Nina Simone**, was a singer, pianist, and civil rights activist. Some of her songs include: **I put a spell on you**, **To be young gifted and black**, and her protest song **Mississippi Goddamn**.  
*Recommended by Corey Frantz*

**Sweet Honey in the Rock** <https://sweethoneyintherock.org/> This acapella group is rooted in socially conscious African American history and culture. From songs of civil rights to calls for peace, Sweet Honey in the Rock is a national treasure.

*Recommended by Dr. Kimberly Martin*

### **People to know:**

**Toni Morrison (Chloe Anthony Wofford Morrison):** (February 18, 1931 – August 5, 2019), *Winner of the Noble Prize for literature, Morrison's fiction writings detail a rich history of African American culture and history.* <https://www.tonimorrisonfilm.com/>

**Pauli Murray (Anna Pauline): (November 20, 1910 – July 1, 1985)** *“Pauli Murray fundamentally shaped how we understand equality and American constitutional jurisprudence. Murray’s legal impact and scholarship defined and defended the rights of African Americans, women, and LGBTQ+ people.*

*Through their fight for gender equality, the elimination of Jim Crow, and the development of an intersectional legal approach, Dr. Murray was a true trailblazer.”*

<https://www.paulimurraycenter.com/>

[https://www.amazon.com/My-Name-Pauli-Murray/dp/B09DMPMWCP/ref=atv\\_pr\\_s\\_w\\_sc](https://www.amazon.com/My-Name-Pauli-Murray/dp/B09DMPMWCP/ref=atv_pr_s_w_sc)

**Inez Beverly Prosser:(c. 1895 - September 5, 1934)** *The first African American woman to earn a Ph.D. in psychology in 1933.*

**Dr. Francis Cecil Sumner (December 7, 1895 – January 11, 1954)** *The first African American to earn a Ph.D. in Psychology in 1920. His dissertation was “Psychoanalysis of Freud and Adler on Sex determination and Character formation”. Dr. Kenneth Clark was one of Dr. Sumner’s students when Dr. Sumner taught at Howard University.*

**Alvin Ailey (January 5, 1931 – December 1, 1989)** *Alvin Ailey started his dance company in 1958 as a way of honoring Black culture through dance. The company’s signature piece Revelations, created in 1960 was inspired by Alvin’s childhood memories. Sixty three years later, the company continues to perform this piece to standing room audiences. The Alvin Ailey American Dance theater. Alvin was awarded the Kennedy Center Honors in 1989 and received the Presidential medal of freedom in 2014 (Posthumously). In 2008, the United States Congress designated The Alvin Ailey Dance Theater as “A vital American cultural ambassador of the world”.*

<https://www.alvinailey.org/>

**Joy Buolamwini “poet of code”:** (1989-current) *is a Canadian computer scientist who founded the [Algorithmic Justice League](#) to be more equitable and accountable. Joy uses art and research to illuminate the social implications of artificial intelligence and on algorithmic bias. Her research has uncovered large racial and gender bias in AI services from companies like [Microsoft](#), [IBM](#), and [Amazon](#) and has been included in many art installations.*

[https://www.ted.com/talks/joy\\_buolamwini\\_how\\_i\\_m\\_fighting\\_bias\\_in\\_algorithms?language=en](https://www.ted.com/talks/joy_buolamwini_how_i_m_fighting_bias_in_algorithms?language=en)

## **Museums and Institutions:**

**Birmingham civil rights institute:**

<https://www.bcri.org/>

**Dusable Museum of African American history**

<https://www.dusablemuseum.org/>

**Equal Justice Initiative:**

<https://eji.org/>

**National center for Civil and Human Rights Museum**

<https://www.civilandhumanrights.org/>

**National museum of African American history and culture:** <https://nmaahc.si.edu/>

**Association for the Study of the Worldwide African Diaspora**

<https://www.aswadiaspora.org/>

**The Othering and Belonging Institute**

<https://belonging.berkeley.edu/>

**Amina Wadud**

<https://aminawadud.com/about-amina-wadud/>

Understanding gender and racial equity from the Islamic perspective by an African American feminist Muslim scholar.

**AntiRacism Resources compiled by Jess Minckley**

<https://docs.google.com/spreadsheets/d/174TRlo33QfS5Ym42AmTtAmiYMeFFXcrij4DKLs9e5ag/edit?usp=sharing>

**Social media accounts to follow:**

<https://instagram.com/thenapministry?igshid=YmMyMTA2M2Y=>

<https://instagram.com/theconsciouskid?igshid=YmMyMTA2M2Y=>

<https://instagram.com/amplify.rj?igshid=YmMyMTA2M2Y=>

<https://www.tiktok.com/t/ZTRGxfCMh/>

<https://instagram.com/sonyareneetaylor?igshid=YmMyMTA2M2Y=>

<https://instagram.com/ibramxk?igshid=YmMyMTA2M2Y=>

<https://instagram.com/amandascgorman?igshid=YmMyMTA2M2Y=>

## **Canada:**

### [Amherstburg Freedom Museum](#)

Previously known as 'the Black Museum', the Amherstburg Freedom Museum is a community-based, non-profit museum that tells the story of African-Canadians' journey and contributions, by preserving and presenting artifacts that educate and inspire.

### [Black History Ottawa](#)

Black History Ottawa is a registered Canadian charity with a mandate to advance education by increasing the public's knowledge and appreciation of, and by carrying out research in, the history, culture, traditions, and achievements of Canadians of African descent.

### [New Brunswick Black History Society](#)

The New Brunswick Black History Society is dedicated to the research, analysis, documentation and preservation of New Brunswick's Black History. The NBBHS gathers information concerning New Brunswick's Black residents, past and present, promotes awareness of New Brunswick's Black history, encourages the Black community and the general public to work together and works towards increasing the presence of Black History in New Brunswick's educational system.

Government of Canada Black History info:

Heritage, C. (2021, February 1). Government of Canada. Canada.ca. Retrieved January 31, 2022, from

<https://www.canada.ca/en/canadian-heritage/campaigns/black-history-month/about.html>

<https://www.thecanadianencyclopedia.ca/en/article/black-enslavement-in-canada-plain-language-summary>

## **Podcasts:**

Strong and Free

<https://podcasts.apple.com/ca/podcast/strong-and-free/id1586199960>

Black History Year:

<https://podcasts.apple.com/us/podcast/black-history-year/id1471015571>

Everyday Black History:

<https://podcasts.apple.com/us/podcast/everyday-black-history-afro-appreciation/id1356694067>

Black History for White People:

<https://podcasts.apple.com/us/podcast/black-history-for-white-people/id1514522005>

## From the Chairs:

*To my fellow Adlerians, February is a month of celebrating, and honoring Black History. Carter G. Woodson, a renowned scholar, author, and historian, whose dedication of celebrating Black contributions led to establishment of Black History Month (NAACP, 2023). Carter and many others highlight the importance of understanding the history and contributions as well recognizing and elevating voices. Across the nation, we study Black history to recognize and honor the lives of many who have had a lasting impact on sciences, psychology, education, and many more. Black history is everywhere from the mental health field to the products we consume on a regular basis. In the link provided, are resources to support, elevate awareness, and ways to get involved in our communities.*

In solidarity

The Social Justice Section