

What's the Story?
Life Style Narratives Study Group
A NASAP Affiliate Group

July, 2021 Update

We're a book club with a twist (and an affiliate of NASAP)
Check out our website (with summaries of past meetings):
<https://www.whatsthestory.online/>

In the next meeting, we'll have a live interview!
Scroll for a questionnaire about times.

Thank you all who participated in What's the Story?'s half-day seminar at the annual conference of the North American Society of Adlerian Society (NASAP), which was held May 27, 2021, in Milwaukee, WI. For those of you who did not know that we had a seminar, the conference attendees were mostly mental health professionals; whereas, we, as a group, are open to all!

What's the Story?: Life Style Narratives Study Group considers an individual's Early Recollections or perceived important memories as if, "strung together," they compose a short story. We then interpret that story by applying critical thinking methods adapted from literary and educational institutions, such as The Great Books Foundation, which promote a deeper comprehension of a text.

The conference convinced us that our future meetings will be held over zoom or some virtual-hybrid/face-to-face platform, as this allows us to include, well, all of you! (Our last regular meeting on February 7th: *The Early Recollections of Adler, Freud, and Jung* - attracted Canadians and Americans from coast to coast.)

Since many have asked that we demonstrate a live interview to show participants how we collect data/stories, our next meeting will be such an interview (though a shortened one to show participants the basics). Because of the backgrounds of our members (mental health professions and lay people) and those who just drop in, we must stress that we are not a psychotherapy group and that what we do should not be construed as psychotherapy. We're a book club with a twist, but whoever is interviewed must sign a consent form.

Because of transcription services, we may be able to offer a transcription of the stories almost immediately afterward, allowing us to interpret the "reading" that same day!

Questionnaire

Before sending out information about our next meeting, please get back to us regarding:

1. Would you want the interpretation part of the meeting to be held the same day, or a week or two later?
2. Would you be willing to be interviewed (a short interview shouldn't take more than 20 minutes to a half-hour)?
3. When should we meet?

When we started, our goal was to meet every few months (four times a year). During the pandemic, we actually met seven times: an April 2020 NASAP TapTalk, which introduced us to Adlerians around the world; a short May 2020 NASAP conference zoom; July's *The Early Recollections of Twins*; September's *BiPolar and Early Recollections*; November's *The Early Recollections of U.S. Presidents*; New Year's Eve's *Early Recollections of Holidays*; and February 2021's *The Early Recollections of Adler, Freud, & Jung*).

We had planned to conduct a live interview in April or May of this year before the NASAP conference. However, our video platform was being updated.

The issue we are running into is a scheduling issue. There are a number of Adlerian conferences that are being Zoomed this summer! ICASSI (the International Conference of Adlerian Summer Schools and Institutes) meets every other Sunday at 12:30 p.m. CST when we tend to meet. In addition, ICASSI will hold a virtual conference the last weekend in July and the first weekend in August, which will overlap with our meeting time! Respond to me via email if you want information regarding how to zoom in to ICASSI's Sunday meetings.

The International Association of Individual Psychology (IAIP) will be holding its virtual conference from July 10 through July 14. One of our members will be presenting on *Life Style Variables (Early Recollections) of Holocaust Survivors*.

So, please respond to me and let me know when you would like to meet.

Thank you,

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