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ALFRED ADLER AND MYSELF by Lou Minsky

Adler Aviv Journal, vol. 1994, The New York Times reported that Alfred Adler was a "Vienna psychiatrist who developed a theory of personality based on the concept of the inferiority complex." Adler wrote:

> Empty or partial knowledge, if, after it is exhausted, lies in a corner of the mind, it will be a dangerous thing. It will be a dangerous thing because it will be used by the mind as a means of self-justification. It will be used as a means of self-justification for the expression of superiority or for the pursuit of other things that increase the feeling of inferiority. (Adler, 1929, p. 1)

Adler had come to the United States and was teaching at Columbia University. Lou Minsky, a student at Columbia University in the early 1940's, in his paper, Social Interest:

> Adler's theory of the inferiority complex, though the proof of it is very difficult, is a very important one. It explains a great deal. For example, it explains why people want to be better than others, why they want to be rich, why they want to be famous, why they want to be good looking, why they want to be good students, why they want to be good athletes, why they want to be good at their jobs, why they want to be good at their professions, why they want to be good at their relationships, why they want to be good at their families, why they want to be good at their relationships, why they want to be good at their friendships, why they want to be good at their neighborhoods, why they want to be good at their communities, why they want to be good at their cities, why they want to be good at their states, why they want to be good at their countries, why they want to be good at their continents, why they want to be good at their planet, and, finally, why they want to be good at their universe. Adler's theory explains why people want to be better than everyone else in the universe. Adler's theory explains why people want to be better than everyone else in the universe. Adler's theory explains why people want to be better than everyone else in the

The president's message: Eugene McCloney can no longer serve as editor for the Journal of Individual Psychology. Call for Program Proposals at the 24th Annual ASAP Convention in Vancouver Regional updates by geographic area. Advertisement from the Academy of Parapsychology and Medicine.

September-October 1975

The President's Message: Just returned from Greece. Letters for publication to the newsletter. Of General Interest. Regional updates by geographic area. Newsnotes by region.

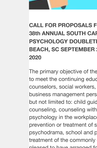
November 1975

The President's Message. Letters for publication to the newsletter. Dreikurs TV Courses announced. News notes. New 1975 Directory of Members.

December 1975

The Presidents Message: Plans for the Vancouver annual convention underway. Of General Interest: Houston Meeting, General Assembly, Dues increase with rising costs, and New Book available (The Search for Significance by Donald Lombardi). ASAP 1976 Convention News (in Vancouver on Mary 28-31, 1976). Updates by geographic area. News Notes. Application for Membership attached to the back for the coming year.

A Call For Proposals - SC Conference of Adlerian Psychology



CALL FOR PROPOSALS FOR
30th ANNUAL SOUTH CAROLINA CONFERENCE OF ADLERIAN PSYCHOLOGY DOUBLETREE RESORT BY HILTON, MYRTLE BEACH, SC SEPTEMBER 25, 26, & 27, 2020. DEADLINE JUNE 1, 2020

The primary objective of the SC Conference of Adlerian Psychology is to meet the continuing education needs of practitioners including counselors, social workers, psychologists, educators, parents and business management personnel. Proposals may be directed towards, but not limited to: child guidance, parent consultation, marriage counseling, counseling with individual adults, group counseling, psychology in the workplace, family counseling, life style analysis, prevention or treatment of substance abuse, art therapy, psychodrama, school and preschool issues, wellness, aging, and treatment of the commonly diagnosed problems of our times. We are pleased to have arranged for internationally known Slovakian psychotherapist and Comenius University Professor, Daniela Cechova as our keynote speaker on the topic of "Adlerian Ethics." Dr. Cechova will also present a four hour workshop devoted to "Couples Contracts" on Friday. She is a frequent consultant in Europe and is currently President of the International Association of individual Psychology.

PROPOSAL GUIDELINES:
1. Proposals are invited for workshops to be offered Friday and Sunday and for seventeen 75 minute presentations to be offered Saturday. On Friday we may offer as many as five full day workshops (9-5 with 1 hour for lunch) and two half day workshops (9-1 and 2-5). Sunday, five half day workshops (9- 1) will be offered. Presenters must have offered a 75 minute presentation at a previous SCSAP Conference in order to submit a proposal for a half or full day workshop.
2. Include TITLE and DESCRIPTION of the presentation. Please do not exceed 60 words.
3. Include THREE EDUCATIONAL OBJECTIVES for the presentation.
4. Include NAME, TITLE, and CONTACT INFORMATION of each presenter.
5. Include any type of audio-visual aid desired. The Society will provide two power point projectors, but
no more. Use of a projector must be requested in advance.
6. Presentations must be based upon or related to the principles and/or techniques of Adlerian Psychology.
Presentations that include demonstrations and/or experiential activities will be given special
consideration by the program committee.
7. Presenters are not paid an honorarium, however, $200 per workshop will be paid to defray expenses for
Sunday presenters and for the half day workshops Friday, and $300 will be paid to defray expenses of
presenters of the 9-5 Friday workshops. Expense checks are given per workshop, not per presenter.
8. ALL PRESENTERS ARE REQUIRED TO REGISTER FOR THE CONFERENCE. Presenters as well as participants who have a financial need may apply for waiver of conference tuition fees. Such applications are to be sent to Dr. John Arnold's email address.
9. Presenters are not asked to register for their own Friday or Sunday workshops, but workshop presenters
are required to register for Saturday. This is consistent with the practice in national conferences and is
an important way the Society funds its conference and its work.
10. While handouts to accompany your presentation are not required, they tend to be welcomed by
participants. Please do give attention to documentation of sources where relevant.
11. **DEADLINE FOR PROPOSALS**: June 1, 2020. Program Committee responds to proposals by June
22, 2020.

E-MAIL PROPOSALS TO: **john.arnold@firstsunwap.com** and **drfxwalton@aol.com**

Or send US mail to: Dr. Frank Walton, 158 Eagle Chase Ct., Chapin, SC 29036
PHONE: Frank Walton CELL: 803 727-8403

SCSAP WEBSITE: **WWW.ADLERIANSC.ORG**
NOTE: Please be confident that the conference will be cancelled if the health and safety of participants cannot be assured.

Resilience Counseling and Training Center Response to COVID

Monica Nicoll, Ph.D.

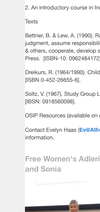
FREE Download

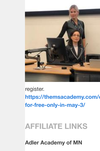
Social-Emotional Learning Activities For Parents

William Nicoll, Ph.D.

In response to the COVID-19, William and Monica Nicoll have provided Adlerian-based social-emotional learning activities for parents free of charge! See details **here!** For further information, activities, or SEL program development training, contact the RCTC office at: **ResilienceCTC@aol.com**

Raising Kids Who Care About Others - Betty Lou Better





book design by Jon White

Over one hundred years ago, Adler was stressing the importance of social interest, caring about others, contributing, and being mentally healthy. Here are some of his quotes on these topics:
"We cannot save one person or the whole of humankind without increasing social interest.
"We cannot solve any important problem of a country or of the world without this increase in social interest."

If we consider carefully all the great problems of life, we will see that only social interest provides the solution.
"Every human strives for significance, but people always make mistakes if they do not see that their whole significance must consist in their contribution to the lives of others."
He didn't suggest that social interest was just a good idea. He said it was the key to mental health.

Aderians all over the world are teaching and practicing Adler's words, and during the world's current pandemic everyone has the opportunity to give and do for others, and to allow others to give and do for them.

I would like to help by offering copies of my book, Raising Kids Who Care About Others" at a 50% discount (plus postage) if you would find it useful in the teaching, caring and sharing that you do.
(bbetter@verizon.net.)

Leading Parent Study Groups the OSIP Way

Leading Parent Study Groups the OSIP Way

Rocky Garrison: On-Line Workshop (15 CE Hours)

Parent education is a core intervention in Individual Psychology. This workshop introduces you to one model of parent education, the Oregon Society of Individual Psychology (OSIP) model, by demonstrating the 10 sessions of that curriculum. The primary text is Dreikurs 1964 book, Children: The Challenge, along with supplementary readings and handouts. This OSIP model emphasizes the case studies that are in the book as well as various handouts that are on the course page. The goals of the workshop are to prepare you to teach a parent study group using this model and to acquaint you with the OSIP materials that supplement the book.

The workshop runs for 7 weeks, from June 9 to July 21. There will be a weekly 1.5-hour video conference on Tuesday evening from 6 to 7:30 PM (CST), as well as assigned work and writing assignments on the course page; expect to spend a total of 2½ hours each week.

Recommended Prerequisites

1. Participation in a parent study group, or

2. An introductory course in Individual Psychology

Texts

Bettner, B. & Lew, A. (1990). Raising kids who can: Use good judgment, assume responsibility, communicate effectively, respect self & others, cooperate, develop self-esteem, and enjoy life. Connexions Press. [ISBN-10: 0962484172].

Dreikurs, R. (1964/1990). Children: The Challenge. Plume Books. [ISBN 0-452-26655-6].

Soltz, V. (1967). Study Group Leader's Manual. Alfred Adler Institute. [BSN: 0918550098].

OSIP Resources (available on course page)

Contact Evelyn Haas (**EvB@Alfredadler.edu**) at AGS for registration information.

Free Women's Adlerian Workshops with Milda and Sonia

Milda and Sonia are both business psychologists and researchers working at the University of East London and have recently launched MS Research and Training Academy. They are inviting women to join in on some free women's only workshops, based on Adlerian psychology. Women who would like to join should follow the link below and register.
https://themsacademy.com/events/i-am-directing-my-own-story-for-free-only-in-may-3/

AFFILIATE LINKS

Adler Academy of MN

www.adleracademy.org

Adler Graduate School

http://alfredadler.edu

Center for Adlerian Practice and Scholarship (CAPS), Adler University, Chicago/Vancouver/Global

https://www.adler.edu

mblutvahtein@adler.edu

Idaho Society of Individual Psychology

https://www.adleridaho.org

Mid Atlantic Adlerian Psychology Society (MAPS)

https://www.mapsadler.org

Parent Encouragement Program

www.PEPparent.org

Penn-Del Affiliate

innarosenfeld@gmail.com

Positive Discipline Association

https://www.positivediscipline.org

Puget Sound Adlerian Society

https://www.psasadler.org.

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