

# CREDITS FOR ATTENDANCE

## CE Hours - 14

\*\*\* includes 3 hours of ETHICS \*\*\*

Friday, February 24th - 6 hours

(Includes 1 hour ETHICS)

Friday Evening - ETHICS - 2 hours

Saturday, February 25th - 6 hours

1. National Board for Certified Counselors (NBCC) Provider #6525

2. Social Workers - Idaho IDAPA Chapter 24.14.001, Rule 351.03.a.1, authorizes ISIP and other Professional Associations to provide Continuing Education for Social Workers.

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## GRADUATE CONTINUING EDUCATION CREDIT

Northwest Nazarene University

(Must attend both day programs and evening program)

Will submit paper to instructor of record

1 Credit.....\$60.00

Registration for credit on-site only.

For more information call 208-606-0940

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This Conference will be offered both in-person at the Riverside Hotel in Boise and online via Zoom.

## HOTEL ACCOMODATIONS

### THE RIVERSIDE HOTEL

2900 Chinden Boulevard

Garden City, Idaho, 83714

## Special Conference Rates:

Individuals seeking reservations should call The Riverside Hotel at 208-343-1871. Request reservations under the group name: "Idaho Society of Individual Psychology" with the dates desired. Make sure to call by midnight Monday January 23, 2023 to receive the special group rate of \$141.00.

NON-PROFIT ORG  
U S POSTAGE  
PAID  
BOISE, ID 83709  
PERMIT NO. 679



Wes Wingett, Ph.D. & Steven Maybell, Ph.D.

Idaho Society of Individual Psychology  
Post Office Box 8736  
Boise, Idaho 83707



## Who attends ISIP Conferences?

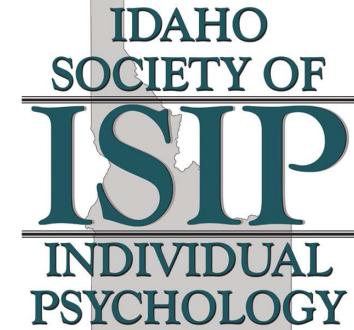
- Counselors
- Social Workers
- Case Managers
- Educators
- Child Care Providers
- Psychologists
- Business Professionals
- Doctors & Nurses
- Parents

Includes 3 hours of ETHICS!

# Don't Miss Our Annual Conference!

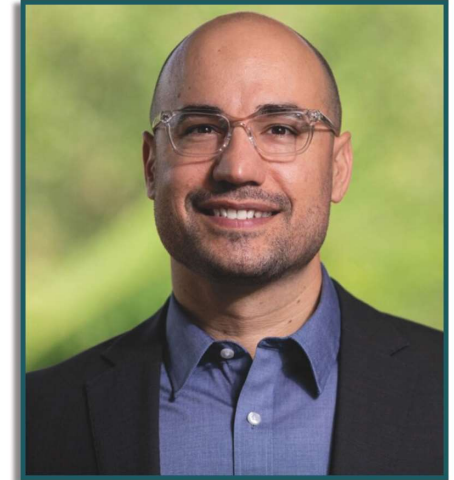
## ISIP ANNUAL CONFERENCE

### February 24th & 25th, 2023



Presents

# "Adlerian Counseling: Modern Applications"



Featuring: Jon Sperry Ph.D.,  
LMHC, LCSW, NCC

This conference will be offered  
in-person at The Riverside Hotel  
in Boise, ID & virtually through Zoom

# ISIP Registration

Sign up for:	Regular	Full Time Student**
<input type="checkbox"/> Both Days*	\$270	\$135
<input type="checkbox"/> Friday Only*	\$215	\$110
<input type="checkbox"/> Saturday Only*	\$200	\$100

\*Friday Ethics INCLUDED WITH above Registration

<input type="checkbox"/> Friday Ethics only*	\$75	\$75
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(Friday Ethics only Late Charge after 2/1 - \$25)

CHECK HERE IF YOU ATTENDING THROUGH ZOOM.

**20% DISCOUNT** offered for 3 or more registrants from the same agency for REGULAR registrations submitted together. Discount **NOT AVAILABLE** for Student or Evening Only registrations.

CONFERENCE REGISTRATION INCLUDES: ISIP MEMBERSHIP

\*\*Students will need to provide proof of student status by providing their professor's signature below or a copy of an email from their current professor.\*\*

Professor's Signature: \_\_\_\_\_

CONFERENCE REGISTRATION \$ \_\_\_\_\_

LATE CHARGE after 2/1/2023 (\$25) \$ \_\_\_\_\_

CONFERENCE MATERIALS SENT BY MAIL (\$20) \$ \_\_\_\_\_

ALL ATTENDEES WILL BE EMAILED ACCESS TO DIGITAL MATERIALS

CONFERENCE TOTAL \$ \_\_\_\_\_

TOTAL ENCLOSED \$ \_\_\_\_\_

Please Print

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

Evening Phone \_\_\_\_\_

Email\* \_\_\_\_\_

Profession \_\_\_\_\_

Institution \_\_\_\_\_

Make checks payable to ISIP and mail along with this registration information to ISIP, P.O. Box 8736, Boise, ID 83707 or to Register Online, go to [www.adleridaho.org](http://www.adleridaho.org)

Cancellation Fee of \$25 will be retained before February 1st. NO REFUNDS after February 8th.

Phone (208) 606-0940 • [adleridaho@gmail.com](mailto:adleridaho@gmail.com)

\*Please note: Confirmation is sent via e-mail only.

## FRIDAY, FEBRUARY 24TH

7:30 a.m.	Online Attendees: Zoom Room Opens In-Person: Registration & Continental Breakfast
8:30 a.m.	Session 1: Adlerian counseling in 2023- foundations and core concepts
10:00 a.m.	BREAK
10:15 a.m.	Session 2: Lifestyle Assessment- implications for in-person and telehealth
11:45 a.m.	LUNCH BREAK
1:15 p.m.	Session 3: Adlerian case conceptualization- case study and application
2:15 p.m.	BREAK
2:30 p.m.	Session 4: Using Adlerian counseling with groups and communities- social interest and rhythm activities
3:30 p.m.	BREAK
3:45 p.m.	ETHICS: "The Ethical Me '23" Scott Rasmussen Part 1
4:45 p.m.	BREAK
5:00 p.m. - 7:00 p.m.	ETHICS: "The Ethical Me '23" Scott Rasmussen Part 2

## "Adlerian Counseling: Modern Applications"

Mental health practitioners face a variety of unique challenges in their work with clients. This conference will examine modern applications of Adlerian counseling and will review and demonstrate Adlerian lifestyle assessment, Adlerian case conceptualization, as well as trauma-informed Adlerian counseling strategies

**Learning Objectives:** At the end of the conference, participants will be able to:

- Explain and apply Lifestyle Assessment and Adlerian case conceptualization
- Understand methods to foster social interest and wellness among groups and communities
- Understand a Teleological (Adlerian) interpretation of disorders included in the DSM-5-TR and learn 15 updates from the recently published DSM-5-TR.
- Explain and apply Trauma-informed principles in an Adlerian psychology framework
- Understand modern Adlerian counseling interventions and methods for integrating other therapeutic models.

## SATURDAY, MARCH 5TH

7:30 a.m.	Online Attendees: Zoom Room Opens In-Person: Registration & Continental Breakfast
8:30 a.m.	Session 5: Teleological (Adlerian) interpretation of disorders included in the DSM-5-TR
10:00 a.m.	BREAK
10:15 a.m.	Session 6: Trauma-informed Adlerian counseling- theory and practice
11:45 a.m.	LUNCH BREAK
1:15 p.m.	Session 7: Modern Adlerian counseling-demonstration and application practice
2:45 p.m.	BREAK
3:00 p.m.	Session 8: Integration of Adlerian counseling and other theories including feedback-informed treatment, culturally responsive practice, and EMDR integration
4:30 p.m.	Conclude Conference

### Jon Sperry, Ph.D., LMHC, LCSW, NCC

Jon Sperry is a core faculty member in the Clinical Mental Health Counseling program at Lynn University. He is a board certified licensed mental health counselor and a licensed clinical social worker in the state of Florida and has been a staff therapist at the Counseling and Psychological Services at Florida Atlantic University (FAU) since 2010. Dr. Sperry is currently the co-editor in chief of the Journal of Individual Psychology. Dr. Sperry has co-authored seven textbooks and various book chapters and professional articles.

In addition to his clinical experience and publications, he has given workshops and lectures throughout the United States and in 23 countries around the globe.

For more information about Dr. Sperry and his work, please visit [www.drjonsperry.com](http://www.drjonsperry.com)

### Scott M. Rasmussen MSW, LCSW

Scott Rasmussen is currently the Regional Program Manager for the Idaho Department of Health and Welfare's Division of Behavioral Health in Region 5. He is also part of Boise State University's Adjunct Faculty working their extended studies, BSW and MSW programs.